1 Main Manuscript for

2	Potential Impacts of Fukushima Nuclear Wastewater Discharge on Nutrient
3	Supply and Greenhouse Gas Emissions of Food Systems.
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31 Abstract

32 Seafood plays a critical role in promoting a nutritious and climate-friendly food 33 system but faces challenges from marine contamination that pose food safety risks. To address these challenges, we developed a Marine Pollution-induced Food System Risk 34 Assessment and Response (MP-FSRAR) model to assess the impact of consumer 35 36 perceptions of marine pollution risk events on nutrient supply and greenhouse gas (GHG) emissions. Applying this model to the proposed Fukushima Nuclear Wastewater Discharge 37 (FNWD) into the Pacific Ocean, we identified the potential variation in nutrient supply and 38 GHG emissions resulting from changes in Chinese consumers' willingness to consume 39 seafood under 12 scenarios. Our analysis revealed nutrient supply gaps in daily protein, 40 minerals, vitamins, and fatty acids, ranging from 1.5-2.7 g/person, 2.5-4.5 mg/person, 5.6-41 10.3 mcg/person, and 0.08-0.14 g/person, respectively. Closing the protein gap in China 42 would require an additional 3.2-15.8 billion kg yr⁻¹ protein-rich foods, including aquatic, 43 44 livestock, dairy, and pulses. Additional food supply would increase extra GHG emissions by 1-79 billion kg CO₂e yr⁻¹, resulting in potential GHG emissions being transmitted to 45 46 other countries through the trade chain. Furthermore, we found that the livestock-based 47 food substitution pathway had 40 times higher GHG emissions than the plant-based one. Our MP-FSRAR model provides global stakeholders with new perspectives on the 48 49 potential consequences of consumer perceptions of marine pollution risks and offers 50 valuable insights for developing countermeasures to build a more resilient and low-carbon 51 food system.

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54 Graphical Abstract



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Keywords: Marine pollution, consumer perceptions, food security, nutrition supply,
GHG emissions.

58 1. Introduction

Global food demand is expected to rise to an unprecedented extent for the following 59 decades, propelled by a projected one-third increase in total population and higher average 60 individual incomes by 2050 (Godfray et al., 2010; Mueller et al., 2012; Tilman, Balzer, 61 Hill, & Befort, 2011). Unfortunately, the current reality is that over one in four people suffer 62 63 from hunger or lack regular access to nutritious and adequate food (Organization, 2020). To make matters worse, the prolonged COVID-19 pandemic, climate change, and regional 64 conflicts pose additional stronger headwinds to global food security (Fujimori et al., 2019; 65 Laborde, Martin, Swinnen, & Vos, 2020; Nature, 2022). Moreover, the current food system 66 significantly contributes to global anthropogenic GHG emissions, with approximately one-67 third coming from meat consumption (Crippa et al., 2021; Foley et al., 2011; J Poore & T 68

Nemecek, 2018). Such food system emissions could preclude the attainment of 1.5°C-2°C
global climate change targets (Clark et al., 2020). The world is thus facing the formidable
double challenge of ensuring the continued delivery of sufficient food while curbing overall
GHG emissions.

Momentum is gathering to seek food from the ocean for a more nutritious and climate-73 74 friendly food system (Hicks et al., 2019; Walter Willett et al., 2019), leading to a significant increase in global capture fisheries and aquaculture production in recent decades (Fig. S1). 75 Seafood consumption provides more than 15% of the average animal protein intake for 2.9 76 77 billion people (Smith Martin et al., 2010; Walter Willett et al., 2019), as well as being a vital source of essential micronutrients such as amino acids, omega-3 fatty acids, vitamins, 78 and minerals, which are essential for human health (Hicks et al., 2019; Tacon & Metian, 79 2013). It is predicted that the marine food supply will increase by 21-44 million tonnes by 80 2050, representing a 36-74% increase compared to current yields (Costello et al., 2020) 81 82 and accounting for one-eight to one-quarter of the anticipated meat consumption increase, primarily through marine aquaculture expansion (Gentry et al., 2017). 83

84 Efforts are underway to shift towards a more sustainable and nutritious food system 85 by increasing seafood consumption, as it provides essential micronutrients and contributes to animal protein consumption for 2.9 billion people (W. Willett et al., 2019). Nonetheless, 86 87 the potential benefits of such a shift could be overshadowed by the risk of seafood 88 contamination resulting from marine pollution incidents, such as the Fukushima Daiichi 89 Nuclear Disaster, the Gulf of Mexico Oil Spill, and the Dalian PetroChina marine pollution 90 incident (K. O. Buesseler, 2012; Fisher et al., 2013; Onda et al., 2020). The impact of these 91 pollution events on marine food availability can range from direct reduction in quantity to

the potential for consumer panic due to microbial, chemical, and radioactive contamination 92 (Aruga, 2017a, 2017b; Aruga & Wakamatsu, 2018; Kher et al., 2013). The decline in 93 94 consumer confidence in food safety in recent years has been linked to food safety incidents (Jonge, Trijp, Renes, & Frewer, 2007; Lobb & Mazzocchi, 2007). Furthermore, consumers' 95 perception of food safety risks will alter their purchase behaviour and ultimate food 96 97 consumption structure (Grunert, 2005; Yeung & Morris, 2001). While some studies have examined the effects of pollution on food systems, less attention has been given to the 98 99 changes in food consumption patterns and their nutritional and environmental impacts 100 resulting from changes in consumer behaviour (Feng et al., 2022; Tai, Martin, & Heald, 2014; Yates et al., 2021). In developing risk mitigation strategies for food safety, the 101 102 interests of stakeholders, including consumers, must be prioritized (Kher et al., 2013).

On April 13, 2021, the Japanese government announced its decision to release 103 millions of tonnes of filtered and diluted nuclear effluent from the Fukushima Daiichi 104 105 nuclear power plant into the Pacific Ocean starting after 2023, with an expected 40-year 106 timeline for the full discharge of wastewater (Normile, 2021a, 2021b). The news of Japan's plan to discharge nuclear wastewater into the Pacific Ocean immediately sparked intense 107 108 discussion in China, mainly about the potential marine pollution and food safety caused by FNWD. China is the world's largest producer, exporter, and processor of aquatic products 109 110 (FAO, 2022), accounting for 15% of the world's total seafood consumption (FAO, 2021). 111 While some scientists have suggested that the risks are minimal (Nogrady, 2021), consumer 112 perceptions of marine pollution risk could still alter the final food consumption structure. 113 People may choose to abandon seafood or shift to protein-rich aquaculture products, 114 terrestrial-based or aquatic foods from unaffected areas to make up for the loss of protein.

In most cases, the intensity of GHG emissions varies among different food products, 115 and livestock products have different GHG emission intensity per unit of protein than 116 117 marine foods (Clune, Crossin, & Verghese, 2017; Gephart et al., 2021; Nijdam, Rood, & Westhoek, 2012; Parker et al., 2018). Such a food system transition could lead to a change 118 in the nutrition supply and GHG emissions. Given previous experiences with consumer 119 120 perceptions of radiation-related food safety risks, it is likely that seafood consumption would be impacted if Japan proceeds with its plan to release nuclear wastewater. However, 121 122 it remains unclear how and to what extent Chinese consumer perceptions of the Fukushima 123 Daiichi nuclear wastewater discharge could affect the food system's nutrition supply and GHG emissions. 124

This study developed an MP-FSRAR model to assess a marine pollution event's 125 potential impacts on food system nutrient supply and GHG emissions. Specifically, we 126 applied the model to investigate how Chinese consumers' risk perceptions of the planned 127 128 FNWD in 2023 could affect the food system's nutrition supply and GHG emissions. The Materials and Methods section describes the detailed analytical framework and data 129 sources. In brief, the model consists of three components. First, we quantified the supply 130 131 gaps of eight essential nutrients (protein, calcium, iron, zinc, vitamin A, vitamin B-12, vitamin D, and polyunsaturated fatty acids (PUFA)) under three scenarios of consumer 132 133 perceptions of seafood safety risks. Next, we estimated the potential supply of protein-rich 134 foods to close protein gaps under four substitution food pathways. We also built a global 135 Protein-based GHG Emission Intensity Database for Terrestrial and Marine Food (PGHG-136 FOOD) to account for changes in GHG emissions resulting from changes in consumer 137 consumption patterns. Finally, we simulate the potential GHG emissions that could be transferred through the trading chain to other countries under four different substitution food pathways. The model was applied to the planned FNWD, focusing on Chinese consumers as the research subject. We hope this analysis can stimulate a transdisciplinary debate about the impacts of consumer perceptions of marine pollution risks on food system nutrition supply and environmental consequences.

143 **2 Materials and Methods**

144 **2.1 Summary.**

145 The research developed an MP-FSRAR model to analyze the potential impacts of consumer risk perceptions on food system nutrient supply and GHG emissions. Three 146 modules comprised the MP-FSRAR model: (1) Assessing nutrient supply gaps resulting 147 from changes in consumption (without considering alternative food); (2) Estimating the 148 supply of alternative high-protein foods needed to supplement the gaps under four food 149 substitution pathways; (3) Evaluating changes in GHG emissions and the spillover effects 150 151 on other countries through the food trade. To achieve this, we developed a global Proteinbased GHG Emission Intensity Database for Terrestrial and Marine Food (PGHG-FOOD), 152 which includes data for 217 countries (see Supplementary Table). 153

We investigated the potential impact of Japanese nuclear wastewater discharge into the Pacific Ocean on food system nutrient supply and GHG emissions, explicitly concerning Chinese consumers' risk perceptions. We used 2017 as the reference year because it was the most recent year for which data were available from all sources. Using a questionnaire, we examined extreme, middle, and low risk perception scenarios among Chinese consumers toward seafood from different regions worldwide. Based on the questionnaire results, we estimated the nutrient gaps for Chinese consumers and then accounted for alternative food supply and GHG emissions changes resulting from the food
system transition to fill the nutrition gap. We also simulated the potential GHG emissions
transferred through the trading chain to other countries under four different substitution
food pathways. Details of each module and its application are described in the following
sections.

166 **2.2 Nutrient supplies gap resulting from changes in consumption.**

Consumers' perception of seafood safety risks about exposure and bioaccumulation 167 of radionuclides in marine organisms would change their willingness to consume seafood. 168 169 This change in willingness would transmit to seafood production, trade, and consumption. We did not include the influence of price because previous research has shown that price 170 is not one of the primary factors consumers consider when confronted with potential food 171 risks. (Aruga, 2017b; Aruga & Wakamatsu, 2018). Consumers' perceived risk of marine 172 pollution on food may be significant, and the willingness to consume would become the 173 174 critical factor affecting consumption. To characterize consumers' unwillingness to purchase 175 seafood from different regions, we introduced a decline parameter α .

To quantify the impact of changes in consumer willingness to consume seafood on 176 177 regional aquatic production, trade, and consumption, it is necessary to first understand the material flow of seafood in the region and establish the protein supply baseline prior to any 178 179 changes in consumer behaviour. We utilized the FAO Global Fishery and Aquaculture 180 Production Statistics from FishstatJ and bilateral trade data from UN Comtrade to construct 181 a Marine-based Food Supply Chain Network. We then calculated the nutrition gaps 182 resulting from consumers' decreased willingness to consume seafood by linking the decline 183 parameter, protein content, and seafood consumption. In this study, all aquatic animals,

including finfish, crustaceans, and molluscs, harvested from marine (brackish) and freshwater environments through capture fisheries and aquaculture routes will be consumed by us, and they are commonly referred to as aquatic products. We excluded plants, shells, and corals, as well as non-nutritive commodities like ornamental fish, and estimated the proportion of each commodity that is edible by humans.

189 Aquatic animal food is an inexpensive and essential source of high-quality animal protein and essential amino acids, omega-3 fatty acids, vitamins, minerals, and trace 190 191 elements. These nutrients are crucial for maintaining optimal health and preventing various diseases. This analysis focused on the eight prominent and specific nutrients in seafood, 192 including protein, calcium, iron, zinc, vitamin A, vitamin B-12, vitamin D, and PUFA 193 (Golden et al., 2021; Hicks et al., 2019). To estimate the nutritional value of each seafood 194 195 item. we sourced data from the USDA Food Composition Database (https://www.ars.usda.gov/northeast-area/beltsville-md-bhnrc/beltsville-human-nutrition-196 197 research-center/food-surveys-research-group/docs/fndds-download-databases).

198 The nutrition gaps in a given country resulting from decreased edible seafood 199 consumption were quantified using equation (1):

200

$$P_x^n = \sum_{i=1}^{i} \alpha^{n,w} * Q_i^n * p_{x,i} + \sum_{j=1}^{j} \sum_{m=1}^{m} \alpha^{n,w} * T_j^{n,m} * p_{x,j}$$
(1)

where P_x^n is the nutrition gap in nutrient x for country n (kg). $\alpha^{n,w}$ is the declining percentage of consumers' willingness in country n to purchase seafood sourced from country w. Q_i^n is fishing production of food *i* for domestic consumption of country n (kg). $p_{x,i}$ is the nutrient x content of the protein-rich food *i* (kg/kg). $T_j^{n,m}$ is seafood trade commodity *j* for domestic consumption from trading partner m (kg). $p_{x,j}$ is the nutrient x content of the protein-rich commodity *j* (kg/kg).

207 **2.3 Alternative food supply.**

After FNWD, consumers could have the option to supplement their nutrient gaps with 208 209 aquatic or livestock and crop products. It is important to note that our research operates under the implicit assumption that the total protein requirement for consumers remains 210 unchanged. Researchers often use linear programming models with optimized omnivore, 211 212 vegan, or novel food diets to estimate the nutritional and environmental changes resulting from the substituted diet (Mazac et al., 2022). In this part, we set up four alternative food 213 214 supply pathways: 1) the aquatic-based substitution pathway, 2) the current food supply 215 structure substitution pathway, 3) the livestock-based substitution pathway, and 4) the plant-based substitution pathway. 216

In the aquatic-based substitution pathway, consumers who choose to stop eating 217 seafood could be allowed to increase their intake of freshwater aquaculture to supplement 218 219 their protein gap. Consumers who reduce and maintain their seafood consumption could 220 supplement the protein gap by consuming freshwater aquaculture and imported seafood from the unaffected areas. The proportion of restricted imported seafood in each region 221 depends on how much resistance consumers show towards seafood in that region. This food 222 223 substitution pathway involves replacing reduced seafood with aquatic products from other sources. The proportion of each source should exclude seafood from areas where 224 225 consumers are boycotting before replenishing seafood on a business-as-usual basis. In the 226 current food supply structure substitution pathway, the protein gap is filled by eight types 227 of protein-rich foods from terrestrial systems according to each country's current food 228 supply structure, which is carried out on a business-as-usual basis. The aquatic food 229 supplement part is handled in the same way as the aquatic-based substitution pathway. We also establish a livestock-based substitution pathway where livestock products such as
beef, pork, chicken, and other meat replenish the protein supply gap. Finally, we provided
a plant-based substitution pathway by using pulses (beans, soybeans, peas, nuts, and pulses
nes) as the protein substitute which these typical plant-based high protein sources are
usually treated as meat protein alternatives (Nijdam et al., 2012).

It is important to note that the four protein substitution pathways provide a framework for understanding possible food alternatives in extreme situations rather than an exhaustive list of all possible combinations. The actual food substitutions may vary depending on various factors, including the nutrient content of different foods, dietary culture, consumer income and so on. However, the fluctuations in these values may fall within the upper and lower boundaries of the extreme scenarios.

Subsequently, we created a network for a terrestrial-based food supply chain to 241 monitor the regional origins of the substitute food supply. To accomplish this, we utilized 242 243 the livestock and crops balance tables from FAO (https://www.fao.org/faostat/en/#data/FBS) and bilateral trade data from UN Comtrade 244 (https://comtrade.un.org/data). 245

246 2.4 Impact of GHG emissions and their spillover effects on other countries through 247 the food trade.

Establishing the PGHG-FOOD database. Under a uniform cradle-to-farm gate accounting boundary, we synthesized multiple data sources to quantify GHG emissions for crops, livestock products, inland aquaculture foods, and marine aquaculture/capture foods. Tab. S1 shows the system boundary definition for marine and terrestrial food GHG emissions. In this study, all food accounting boundaries are from cradle to farm gates. However, seafood, crops, and livestock are subdivided into different accounting methods due to different farming or cultivation approaches. For instance, the farm gate for livestock is grown on the farm until it leaves the farm gate, while the farm gate for marine caught food is defined as when the product is caught ashore.

To calculate GHG emissions from crops and livestock products, we used the 257 258 Comprehensive Accounting of Land-Use Emissions (CALUE) database (Hong et al., 2021), which derives agricultural and land-use change emissions from FAOSTAT 259 260 (https://www.fao.org/faostat/en/#data) and the Bookkeeping of Land Use Emissions model (BLUE) (Hansis, Davis, & Pongratz, 2015). Notably, the CALUE database does not specify 261 GHG emissions related to feed for livestock. We accounted for feed emissions in the GHG 262 emissions of supplemental meat foods, assigning emissions from feed crops to livestock 263 that consume them. We used the Food and Agriculture Biomass Input-Output model 264 (FABIO), a multi-regional supply, use, and input-output table that documents the flows of 265 266 agricultural and food products in the global economy (Bruckner et al., 2019), to determine the amount of each crop consumed by each livestock. We extracted the domestic and 267 imported quantities of crop consumed by live animals in each country and converted the 268 269 number of live animal heads into net livestock weight to build a connection between net livestock weight per unit and its crop consumption. We then multiplied the amount of each 270 271 crop by its GHG emissions intensity to obtain the feed GHG emissions of each country. 272 The FABIO model was up to date through 2014, and we used 2017 food production data 273 to scale their original data equally. The equation (2) can be used to quantify GHG emissions 274 from feed consumed by livestock.

275
$$G_{feed}^{n} = \sum_{l=1}^{l} \sum_{f=1}^{f} (\beta^{n} * Q_{feed}{}_{l,f}^{n} * E_{f}^{n})$$
(2)

276 Where G_{feed}^n is the GHG emissions of feed consumed by livestock for country n (kg). 277 β^n is the ratio of food production in 2017 to 2013 of country n (kg). $Q_{feed}_{l,f}^n$ is the feed f278 consumption of livestock l in country n. E_f^n is GHG emissions intensity of feed f for country 279 n (kg/kg).

Only GHG emissions related to freshwater aquaculture were considered for inland 280 aquatic foods. The marine food category includes marine and brackish water capture or 281 aquaculture products. The GHG emissions for global freshwater and marine aquaculture 282 and marine capture fisheries were obtained from MacLeod et al. and Parker et al. research. 283 GHG emissions intensities for some specific countries were estimated using continent-284 average or world-average parameters where data was missing. Finally, a protein-based 285 GHG intensity inventory for 28 easily accessible protein-rich foods in 217 countries and 286 287 regions was developed using food protein content data and mass-weighted GHG intensity. Please refer to the Supplementary Table for further information. 288

The net food system's GHG emission changes and the food system's GHG emission absolute changes by the country could be obtained by equation (3):

$$G_{net}^{n} = G_{abs}^{n} - G_{d}^{n} + G_{feed}^{n} = \sum_{i=1}^{i} (A_{i}^{n} * E_{i}^{n}) - \sum_{i=1}^{i} (P_{x}^{n} * E_{i}^{n}) + G_{feed}^{n}$$
(3)

where G_{net}^n is the net GHG emission changes of the food system in country *n* (kg). G_{abs}^n is the food system's GHG emission absolute changes in country *n* (kg). G_d^n is the reduced GHG emission due to a decrease in the willingness to consume seafood in country *n* (kg). A_i^n is the additional supply of protein of food *i* in country *n* (kg). E_i^n is GHG emission of per-gram protein of food *i* of country *n* (g/g). P_x^n is the nutrient gap of food *i* (kg). Here, *i* refers to seafood, and *x* refers to protein.

298 Processed products must be converted into primary livestock or crops to match the

PGHG-FOOD database. To achieve this, we used the technical conversion factor provided
by the FAO to convert the first stage of processed products into primary crops and livestock
products (Sukhatme, 1960).

302 **2.5 Model application.**

Previous studies have shown that a significant proportion of consumers in Japan and 303 304 its surrounding regions (e.g., Korea), estimated to be around 50-80%, are reported to be unwilling to consume seafood from Fukushima or even from Japan altogether following 305 the Fukushima Daiichi Nuclear Disaster, citing concerns about radiation-related risks 306 (Aruga, 2017a; Kim et al., 2015), due to the potential radiation-related risk. Even when the 307 radioactivity levels of the food are below the official criteria, a considerable proportion of 308 consumers (i.e., 20–50%) still refuse food from Fukushima (Miyata & Wakamatsu, 2018; 309 Ujiie, 2012). To quantify the degree of Chinese consumers' unwillingness to purchase 310 seafood from different regions, we introduced a parameter denoted as $\alpha^{china,w}$. As the 311 312 FNWD event has not yet occurred, we assessed Chinese consumers' response to seafood through surveys to provide a basis for determining the parameter $\alpha^{china,w}$. 313

314 2.5.1 Sampling and sample size.

The data for the sample used to analyze consumers' willingness to consume seafood in China were collected through an online questionnaire survey conducted between March 29 and April 5 2022, with participants from 30 provinces of China. A regional stratified sampling method was used to ensure comprehensive country coverage, with random sampling below the provincial level. This sampling method provided good geographic representation and ensured a reasonable proportion of coastal and inland consumers. After a quality check, 2260 valid questionnaires were obtained for the seafood consumption intention survey. The demographic variables related to consumers' age, gender, education,
location, family members, number of children, number of elderly people, and income are
described in Tab. S2.

325 2.5.2 Seafood consumption intention survey questionnaire.

(a) Presurvey. In the presurvey, Chinese consumers' reactions to Japan's plan to discharge nuclear wastewater into the Pacific Ocean were monitored by Zhejiang public opinion monitoring platform. We collected about 10,000 comments from microblogs, official media, newspapers, forums, news, WeChat, and other platforms on April 12 and its week, and the vast majority of Chinese consumers expressed their unwillingness to consume seafood from the affected waters.

(b) Pre-questionnaire. The pre-questionnaire was designed based on the presurvey, consumer concerns, and demonstrated tendencies. Some questions and terms in the questionnaire were modified according to respondents' feedback and expert opinions, and the final questionnaire was formalized.

(c) Final questionnaire. In the final questionnaire, respondents were asked to answer 336 the basic information, daily seafood consumption behaviour, and three parallel sub-337 338 questionnaires (A, B, and C) representing low, middle, and extreme consumer reaction scenarios, respectively. In Questionnaire A, the consumers were informed that the 339 340 discharge of nuclear effluent from the Fukushima Daiichi nuclear power plant into the sea 341 would begin after 2023. In Questionnaire B, respondents were told that radionuclides 342 contained in the nuclear wastewater would spread to the Pacific Ocean. In Questionnaire C, respondents were asked about their responses if radioactive material had been detected 343 344 in the sea area of region A following the discharge of nuclear wastewater from Japan.

2.5.3 Data analysis.

The data collected from the survey were analyzed to assess consumers' willingness to 346 consume seafood under different scenarios of nuclear wastewater discharge. In 347 Questionnaire A, 34% of respondents said they would no longer consume seafood after the 348 discharge of Japanese nuclear wastewater, 52% said they would reduce their consumption, 349 350 and 14% said they would keep their consumption the same as usual. In questionnaires B and C, representing middle and extreme consumer reaction scenarios, the proportions of 351 respondents who chose these three options were 46%/63%, 44%/30.0%, and 9%/6%, 352 respectively. 353

To estimate the impact of these consumer responses on seafood consumption, we assumed that consumers who refuse to consume seafood would no longer consume seafood from any region, while those who chose to reduce their seafood consumption would cut half of their usual seafood consumption volume. Very few consumers chose to increase their consumption, so we ignored fluctuations that might arise due to a slight increase in serving size.

360 As a result, $\alpha^{China,w}$ can be calculated by equation (4).

361 $\alpha^{China,w} = \alpha_1^{China,w} + \alpha_2^{China,w} * 50\%$ (4)

362 $\alpha^{China,w}$ is the declining percentage of Chinses consumers' unwillingness to purchase 363 seafood sourced from region *w*. $\alpha_1^{China,w}$ was the proportion of Chinses consumers who 364 would refuse to continue consuming seafood from region *w*. $\alpha_2^{China,w}$ was the proportion 365 of Chinses consumers who would reduce the amount of seafood consumed from region *w*. 366 The resulting parameter $\alpha^{China,w}$ setting under different Chinese consumers' perceptions 367 of FNWD-induced seafood safety risk is shown in Tab. S3.

368 **3 Results**

369 **3.1** Nutrient supply gaps caused by consumer perceptions of seafood safety risks.

Fig. 1(a) depicts the FNWD-induced total supply gaps for eight typical nutrients 370 (without considering alternative food). We created three scenarios based on Chinese 371 consumers' changed consumption intentions in response to seafood's safety risks. The 372 373 nutrient gaps from reduced seafood consumption without alternative food supplements are estimated. The results showed that under these scenarios, there would be a potential protein 374 gap of 0.7-1.4 billion kg in China, equivalent to the total protein supply of protein-rich 375 376 foods in the UK in 2017 (1.4 billion kg). The largest share of the protein deficit was caused by pelagic fish, accounting for 63% of the total protein gap, followed by demersal fish 377 (22%) and molluscs (21%). Cephalopods and molluscs took a higher amount of losses due 378 to their higher zinc and iron content, leading to a mineral gap. A reduction in pelagic fish 379 consumption would result in a 2.9-5.3 k kg vitamin gap, including vitamin A, vitamin B-380 381 12, and vitamin D. FNWD was also found to contribute to a gap of 73 million kg PUFA.

Fig. 1(b) shows the daily per capita potential nutrient supply gaps under the extreme, 382 middle, and low consumer reaction scenarios. It is estimated that Chinese consumers would 383 384 suffer a per capita protein gap of 1.5-2.7 g/day. The highest daily per capita nutritional loss among the three minerals is calcium, while vitamin-A showed the largest daily per capita 385 386 nutritional gap among the vitamins. It should be noted that the nutritional deficit of 80-140 387 mg/day of PUFA resulting from reduced seafood consumption would be difficult to replace 388 with other foods and would lead to an irreparable nutritional loss, as PUFA, mainly n-3 389 PUFA intake, is dominated obtained from marine fish.



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Fig. 1 Food system potential nutrition gaps in China caused by FNWD. (a) Total potential nutrition gaps for five types of seafood caused by FNWD under the low, middle, and extreme consumer reaction scenarios. The circles represent the middle consumer reaction scenario, while the left and right ends of the horizontal line represent low and extreme consumer reaction scenarios, respectively. The three scenarios simulate the consumers' reaction: after the FNWD, the Japanese nuclear wastewater spreads to the Pacific Ocean and the detection of nuclear radiation in sea A. (b) Daily per capita potential nutrient supply gaps for aquatic production under the extreme, middle, and low consumer reaction scenarios.

398 3.2 Growing food demand to close the protein gap.

Fig. 2 illustrates the additional quantity of food that would be required to bridge the 399 400 protein gap in the aftermath of the FNWD. We devised four alternative food supply pathways, including 1) Aquatic-based substitution pathway; 2) Current food supply 401 structure substitution pathway; 3) Livestock-based substitution pathway; 4) Plant-based 402 substitution pathway. The details of these food substitution pathways can be found in the 403 Materials and Methods section. We assumed that after FNWD, consumers might opt for 404 protein-rich fish from other regions, livestock, or crop products to supplement the protein 405 gaps. The results showed that the amount of food supplementation required in the extreme 406

and low consumer reaction scenarios would be nearly twofold different. A total of 8.5-15.8 407 billion kg of aquatic products would be necessary for the aquatic-based substitution 408 409 pathways. The demand for freshwater fish constitutes nearly half of the total aquatic food supply and the supply of molluscs, crustaceans, and demersal fish, each amounting to more 410 than 1.5 billion kg. In the current food supply structure substitution pathway, the supply of 411 412 eight types of protein-rich foods would increase by 7.3-13.5 billion kg. Three main types of alternatives would be dairy (including milk and eggs) (2.2-4.0 billion kg), pork (1.9-3.5 413 414 billion kg), and aquatic products (1.9-3.4 billion kg). In the livestock-based pathway, pork (4.1-7.6 billion kg) could be the most significant supplementation food, whereas the 415 demand for chicken (1.4-2.6 billion kg) would also be relatively high. The least amount of 416 food (3.2-5.9 billion kg) would be required if pulses were used as a protein alternative, with 417 soybeans accounting for nearly half of the supplement. 418

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		E	м	L			E		М	L
	Freshwater Fish	7305	5418	3970	Current food supply structure	Pulses	658		488	357
	Demersal Fish	1648	1222	895		Beef	448		332	243
	Pelagic Fish	135	100	73		Other meat	309		229	168
	Marine Fish nes	619	459	336		Pork	3500		2596	1902
Aquatic-	Crustaceans	1846	1369	1003		Chicken	1183		878	643
based	Cephalopods	245	182	133		Eggs	1802		1337	979
	Molluscs nes	3776	2800	2052		Milk	2167		1607	1177
	Aquatic Animals nes	229	170	124		Aquatic	3446		2555	1873
	Sum	15803	11720	8586		Sum	13513		10022	7342
	E	м	L			E		м	L	
	Beef	971	720	528		Beans	54		40	29
	Other meat	670	497	364	Plant- based	Pulses nes	745		553	405
Livestock-	Pork	7593	5631	4126		Peas	386		286	210
Juseu	Chicken	2567	1904	1395		Nuts	1805		1339	981
	Sum	11801	8752	6413		Soyabeans	2930		2173	1592
	-				1	Sum	5920		4391	3217

420

Fig. 2 Additional food supply to close the protein gap under three consumer reaction scenarios and four substitution pathways, million kg. The transition in a colour gradient from blue to red signifies the magnitude of food supplementation needed, with darker shades of blue indicating lower quantities and darker

shades of red indicating higher quantities. E, M, and L represent extreme, middle, and low consumer reactionscenarios.

426 **3.3 Additional GHG emissions from the food system.**

427 The additional food supplies required to close the protein gap could lead to additional net GHG emissions of 1-79 billion kg CO₂e yr⁻¹ in the food system. Fig. 3 depicts the 428 429 change in absolute and net GHG emissions in China depending on the consumer reaction 430 scenarios and food substitution pathways selected. The livestock-based substitution pathway would inevitably result in a significant increase in terrestrial GHG emissions, 431 which could reach up to 130 billion kg in the most extreme reaction scenario, equivalent to 432 433 5.4% of China's terrestrial food system (J. Poore & T. Nemecek, 2018). Pork and beef 434 production are the largest sources of emissions, each contributing over 55 billion kg in the extreme scenario. Compared with the livestock-based substitution pathway (79 billion kg 435 436 GHG emissions), the current food supply structure substitution pathway could potentially reduce net GHG emissions by almost half (42 billion kg GHG emissions). 437

In contrast, the aquatic-based and plant-based substitution pathways are more 438 439 environmentally friendly options. The aquatic-based substitution pathway would lead to fewer potential net GHG emissions of 1-3 billion kg CO₂e yr⁻¹, accounting for only 3.8% 440 of the emissions of the livestock-based substitution pathway. The plant-based substitution 441 pathway would have the least GHG emissions mainly due to the lower GHG emission 442 443 intensity and higher protein content of pulses. Nevertheless, China's total net GHG emissions under the four food substitution pathways would still be greater than zero, 444 although the impact on GHG emissions resulting after FNWD may be partially mitigated 445 by a shift towards a more plant-based protein diet. 446



Fig. 3 The change in absolute and net GHG emissions in China under different protein supplement pathways,
billion kg. E, M, and L indicate extreme, middle, and low consumer reaction scenarios. The white diagonal
stripe in the figure represents the reduced GHG emissions from declining seafood production.

447

Fig. 4 (a-d) illustrates the changes in GHG emissions of the food system from the 451 domestic and imported food supply by four substitution pathways under the extreme 452 reaction scenario. Our results show that more than 60% of the total GHG emissions change 453 resulting from the aquatic-based, current food supply structure, and livestock-based 454 substitution pathway would occur domestically, while 86% of the GHG emissions change 455 from the plant-based substitution pathway would take place abroad. The current food 456 supply structure, livestock-based, and plant-based food substitution pathways exhibit 457 similar patterns of GHG emission shifts. Brazil is responsible for the most significant GHG 458 emissions change, followed by Argentina, Uruguay, and Australia. This is mainly due to 459 460 China's large imports of soybeans from Brazil and imports of livestock from Uruguay and Australia. However, in the aquatic-based food substitution pathway, seafood imports from 461 Russia would bear the most significant GHG emissions change abroad, generating GHG 462 463 emissions of 5.32 billion kg.



465 Fig. 4 GHG emissions from domestic and imported food substitution by four substitution pathways under the
466 extreme reaction scenario.

467 **4 Discussion**

468 **4.1 Potential nutrition supply challenges and resulting food security threats.**

469 Current assessments of marine pollution risks mainly focus on studies on pollutant 470 diffusion simulation, marine ecosystems, marine life, and human health (Behrens, 471 Schwarzkopf, Lübbecke, & Böning, 2012; K. Buesseler, Aoyama, & Fukasawa, 2011; Fisher et al., 2013; Onda et al., 2020). However, the reassessment of marine pollution 472 473 incidents on the influence of nutrition supply and GHG emissions along the food supply 474 chain is less considered. Our findings suggest that FNWD would affect domestic food 475 production and international trade as consumer behaviour shifts away from seafood consumption, resulting in multiple nutrient supply gaps. Fish protein is widely known to 476 477 be rich in lysine, sulfur-containing amino acids, and threonine, making it a healthier source of protein than terrestrial animal proteins (McManus & Newton, 2011). In recent decades, 478 China has made tremendous efforts to increase its protein and micronutrient availability, 479 480 with per capita seafood consumption increasing sevenfold since 1978 (Bell, Lividini, & 481 Masters, 2021; Fabinyi, 2016). Currently, China's fish protein supply accounts for 22.8% of the total animal protein supply, which exceeds the world average (Barange & 482 483 Acuicultura, 2018).

However, in the extreme consumer reaction towards FNWD, Chinese consumers may experience a protein gap of 2.7 g/day due to decreased seafood consumption, equivalent to a 5% loss of daily protein recommendation per person. While some of these nutrients, such as protein, can be partly replenished by terrestrial- and freshwater-based food, others, such as PUFA, are challenging to replenish because the primary dietary source of long-chain omega-3 fatty acids (EPA/DHA) is fisheries (Hamilton, Newton, Auchterlonie, & Müller, 2020). The top categories of EPA/DHA -rich animal-source foods are all seafood, including pelagic fish and salmonids (Golden et al., 2021). Our results show that the extreme consumer reaction scenario would result in a 24.7% deficit in daily EPA/DHA recommendation intake for the Chinese consumer. Given the nutritional gaps that may result from changes in consumer behaviour, policies need to ensure adequate nutritional availability to address potential seafood boycotts by Chinese consumers after FNWD.

While food substitution can mitigate some of the nutrient gaps, FNWD still reduces 496 food choices for consumers. The diversity of dietary choices is a crucial aspect of food 497 security (Kennedy, Ballard, & Dop, 2011), and decreased seafood selectivity due to FNWD 498 will lead to a rigid and homogeneous food system, which may reduce the safety and 499 flexibility of the food system. Price is an essential factor in food choice (Steenhuis, 500 Waterlander, & de Mul, 2011). However, the price mechanism fails in cases where 501 502 consumers perceive a food risk, i.e., consumption still decreases when people feel that seafood is contaminated, even if the price is lower. This is similar to the results obtained 503 from previous studies, where consumers are no longer willing to purchase risky foods after 504 505 perceiving food safety risks, even if the food prices are lower (Aruga, 2017b; Aruga & Wakamatsu, 2018). In addition, this nutritional gap will be more challenging to replenish 506 507 for consumers in poorer areas, where people have few other options to compensate for 508 these impending micronutrient supply deficiencies (Golden et al., 2016). Communities are 509 often forced to rely on locally harvestable food or less healthy processed foods, 510 compromising micronutrient security in some poor areas, and would pose a whole new 511 challenge to food security in rural China.

Compared to aquatic production, terrestrial animal protein production systems are less 512 513 efficient because they produce food in a two-dimensional space, aggravating land use tension (Napier, Haslam, Olsen, Tocher, & Betancor, 2020). With far less arable land per 514 capita than the world average, China is already facing the enormous challenge of land 515 scarcity (Chen, 2007). In an extreme food substitution pathway, nearly 12 billion kg of 516 517 livestock products would be needed to replace the protein reduction. Consideration needs to be given to whether there is enough additional arable land, livestock space, and resources 518 519 in these areas to support additional terrestrial food demand growth. In addition to land use, water, feed, fertilizer, and biodiversity would all be affected by the production of alternative 520 foods (Davis et al., 2016). 521

522 **4.2** Challenges and potential for GHG mitigation after FNWD.

Different protein supplement pathways after FNWD would result in global GHG 523 emission change patterns. For China, the livestock-based food substitution pathway could 524 525 increase 44-79 billion kg of potential net GHG emissions, corresponding to 9.7%-17.5% of GHG emissions from the Chinese food system. GHG emissions caused by pork 526 supplementation account for half of the total GHG emissions of all supplemental foods. 527 528 Red meat, which Chinese consumers prefer, may shift the pressure on terrestrial food systems. China's agricultural production accounts for 13% of global GHG emissions (Zhao 529 530 et al., 2021). Meeting the consumers' food substitution needs without harming the 531 environment would be a tremendous sustainability challenge for China (Zhao et al., 2021). 532 Our results also found that, in addition to livestock, aquaculture is another crucial source 533 of food nutrient supplementation. Despite differences in the environmental impacts of 534 animal-derived food production sectors, aquaculture almost always produces fewer GHG emissions and uses less land than red meat farming. The large-scale and high-density freshwater and marine aquaculture in China may be a viable way to mitigate the consequences of FNWD through horizontal expansion, intensification, and more efficient resource use (Zhang et al., 2022).

Although international food trade could supplement seafood deficits to some extent, 539 540 it shifts the GHG emissions pressure caused by the agricultural system to other countries and therefore does not reduce net GHG emissions from the global food system. China 541 542 would import more seafood from Russia, Norway, etc., after FNWD to close the protein gap, which will also bring additional GHG emissions from these countries. Brazil, 543 Argentina, and Uruguay in South America bear most of the GHG emissions increase from 544 livestock and plant-based food substitution in China. Using comparative environmental 545 advantages, potential ways to mitigate FNWD could be found through international trade. 546 For example, China imports fewer emissions-intensive soybeans from the United States 547 548 than Brazil and Argentina, suggesting that global emissions might be avoided if the United 549 States could produce more soybeans and export them to China (Hong et al., 2022).

However, consumers' concerns about seafood safety may further emphasize the 550 551 necessity of domestically produced land-based food and uncontaminated seafood products after Japan's nuclear wastewater discharge. The increased demand for these products may 552 553 pressure those producing countries to restrict exports to ensure domestic supply as 554 evidenced by many previous cases (Falkendal et al., 2021; Reinhart, 2020). While export 555 restrictions may be understandable from the perspective of domestic supply, they could have severe implications for global food security. Such food export restrictions could push 556 557 up food prices and exacerbate hunger and poverty (Carriquiry, Dumortier, & Elobeid, 2022; 558 Chung & Liu, 2022). It could also intensify competition between China and other countries
559 between land-based and uncontaminated seafood products.

560 **4.3 Uncertainty analysis**

Our study provides valuable insights into the potential effects of FNWD on both 561 domestic and international food systems, but it is essential to recognize the inherent 562 563 uncertainties associated with the model used. The focus of this study is to evaluate the consumers' perceived changes after the discharge of Japanese nuclear wastewater and its 564 possible nutrition and climate consequences, but our method may not capture all types of 565 impacts. Our analysis assumes a static relationship between nutrient supply and consumer 566 behaviour, whereas, in reality, this relationship may be dynamic and influenced by various 567 social and economic factors. Given the complexity and variability of consumer behaviour, 568 the boycott's scale, duration, and extent of consumer substitution are challenging to predict 569 accurately. Hence, our estimates based on intentions may overestimate actual consumption 570 571 levels. However, if real-world data on production or consumption reductions become available, our model can be updated accordingly for more precise results. In addition, the 572 impacts of food substitution on nutrient availability may vary depending on the specific 573 574 foods substituted and the geographic region in question, and the actual substitution pathways may be more complex and diverse than our model. 575

We must acknowledge that the issue of nuclear wastewater is highly controversial and sensitive, and it may attract widespread attention and public concern. Due to consumers' cognitive biases, when hazards are perceived as unknown, people tend to evaluate hazards as more threatening. People prefer reducing current risks and stricter regulatory measures for uncontrollable, global catastrophic, and difficult-to-reduce risk factors, such as nuclear technology and radioactive waste. Thus, caution is needed when interpreting our study's findings, and further research is necessary to understand better the intricate and dynamic interactions between consumer behaviour, nutrient supply, and GHG emissions.

584 **5 Conclusions**

The announcement of the FNWD news has led to widespread discussion among 585 586 Chinese consumers. To investigate the potential impact of FNWD caused by the change in Chinese consumers' willingness to protein supply and GHG emissions, we developed an 587 588 MP-FSRAR model. We found out that when a marine environmental risk incident occurs, the changes in food production due to changes in people's consumption preferences will 589 result in a wide-ranging impact on nutrition security and GHG emissions mitigation efforts, 590 which are much broader than previously assumed. Recognizing the possible larger scale 591 and profound indirect impact of FNWD can give timely warnings to reduce risks and allow 592 for better coordinated regional responses to the incident. 593

594 Considering the multi-risks that FNWD action may bring, we call on all parties concerned to review the FNWD action carefully and jointly formulate acceptable nuclear 595 wastewater treatment schemes. First, countries should guide the public's food consumption 596 597 choices, promote the diversification of protein food sources, and ensure a stable supply of high-quality protein sources to secure a food supply based on balanced nutrition. Second, 598 599 keeping abreast of changes in consumers' dietary structure to monitor the pressure on the 600 terrestrial food system and the transition to a diet with less climate impact can increase 601 production efficiency to keep up with the change in human demand. Finally, we should 602 strengthen the ecological environment monitoring of relevant sea areas, carry out 603 simulation studies on the impact of nuclear wastewater pollution, assess potential risks, and 604 formulate relevant countermeasures.

605 Data availability

The available 606 population is from the World Bank database (https://databank.worldbank.org/indicator/SP.POP.TOTL/1ff4a498/Popular-Indicators). 607 FAO data on protein supply and agricultural GHG emissions for crop and livestock 608 609 production in 2017 (http://www.fao.org/faostat/en/#data). CALUE data on GHG emissions for crops and livestock are referred from Hong et al. (Hong et al., 2021). The GHG 610 611 emissions for global freshwater and marine aquaculture and marine capture fisheries were sourced from MacLeod et al.(MacLeod, Hasan, Robb, & Mamun-Ur-Rashid, 2020) and 612 Parker et al. (Parker et al., 2018). FABIO data on livestock's feed of multi-regional physical 613 supply-use and input-output tables covering global agriculture and forestry 614 (https://github.com/martinbruckner/fabio v1). The nutrition value of each seafood was 615 obtained from USDA Food Composition Database (https://www.ars.usda.gov/northeast-616 617 area/beltsville-md-bhnrc/beltsville-human-nutrition-research-center/food-surveysresearch-group/docs/fndds-download-databases/). FishStatJ data on inland and marine 618 aquaculture 619 and capture foods production in 2017 620 (https://www.fao.org/fishery/en/statistics/software/fishstati). UN Comtrade data on fishery products trade data (https://comtrade.un.org/data). The R original code used in data 621

- 622 processing is available from the author on request.
- 623

Competing Interest Statement

- All other authors declare they have no competing interests.
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